





# TRIBE TEAM TRAINING

## DOYLESTOWN TRIBE **HOLIDAY SESSION**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>December 16</b> <b>6:00am - STRONG</b> with Sabrina <b>8:15am - STRONG</b> with Taylor <b>1:00pm - STRONG</b> with Casey <b>4:30pm - LIFE</b> with Sabrina <b>5:30pm - FIT</b> with Sabrina (full)	<b>December 17</b> <b>5:30am - LIFE</b> with Jamie <b>8:30am - LIFE</b> with Jamie <b>9:30am - FIT</b> with Heather <b>3:00pm - CORE</b> with Heather	<b>December 18</b> <b>6:00am - FIT</b> with Sabrina (full) <b>1:00pm - STRONG</b> with Casey <b>4:30pm - LIFE</b> with Sabrina <b>5:30pm - FIT</b> with Sabrina (full)	<b>December 19</b> <b>5:30am - LIFE</b> with Jamie <b>8:30am - LIFE</b> with Jamie <b>9:30am - FIT</b> with Heather <b>3:00pm - CORE</b> with Bart	<b>December 20</b> <b>6:00am - FIT</b> with Sabrina (full) <b>8:15am - STRONG</b> with Taylor
<b>December 23</b> <b>6:00am - FIT</b> with Sabrina <b>8:15am - STRONG</b> with Taylor <b>1:00pm - STRONG</b> with Casey <b>3:00pm - CORE</b> with Bart <b>4:30pm - LIFE</b> with Sabrina <b>5:30pm - FIT</b> with Sabrina (full)	<b>December 24</b> <b>5:30am - LIFE</b> with Jamie (full) <b>8:30am</b> with Jamie <b>9:30am</b> with Heather (full) <b>4:30pm - LIFE</b> with Sabrina <b>5:30pm - FIT</b> with Sabrina (full)	<b>December 25</b>   	<b>December 26</b> <b>5:30am - LIFE</b> with Jamie (full) <b>8:30am - LIFE</b> with Jamie <b>9:30am - FIT</b> with Heather <b>1:00pm - STRONG</b> with Casey <b>3:00pm - CORE</b> with Bart	<b>December 27</b> <b>6:00am - FIT</b> with Sabrina (full) <b>8:15am - STRONG</b> with Taylor


**Take advantage of this opportunity to try Tribe!**

**Drop-ins welcome to any class except those indicated as FULL. Session sizes are limited. 48 hour sign-up policy applies. No prior Tribe experience required!**



# TRIBE TEAM TRAINING

## DOYLESTOWN TRIBE **HOLIDAY SESSION**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>December 30</b> <b>6:00am - FIT</b> with Sabrina <b>8:15am - STRONG</b> with Taylor <b>1:00pm - STRONG</b> with Casey <b>3:00pm - CORE</b> with Bart <b>4:30pm - LIFE</b> with Sabrina <del><b>5:30pm - FIT</b></del> with Sabrina (full)	<b>December 31</b> <b>5:30am - LIFE</b> with Jamie <b>8:30am - LIFE</b> with Jamie <b>9:30am - FIT</b> with Heather	<b>January 1</b> 	<b>January 2</b> <b>5:30am - LIFE</b> with Jamie <b>8:30am - LIFE</b> with Jamie <b>9:30am - FIT</b> with Heather <b>1:00pm - STRONG</b> with Casey <b>3:00pm - CORE</b> with Bart <b>4:30pm - LIFE</b> with Sabrina <del><b>5:30pm - FIT</b></del>	<b>January 3</b> <del><b>6:00am - FIT</b></del> with Sabrina (full) <b>8:15am - STRONG</b> with Taylor
<b>January 6</b> <b>6:00am - STRONG</b> with Sabrina <b>8:15am - STRONG</b> with Taylor <b>1:00pm - STRONG</b> with Casey <b>4:30pm - LIFE</b> with Sabrina <del><b>5:30pm - FIT</b></del> with Sabrina (full)	<b>January 7</b> <b>5:30am - LIFE</b> with Jamie <b>8:30am - LIFE</b> with Jamie <b>9:30am - FIT</b> with Heather <b>3:00pm - CORE</b> with Bart	<b>January 8</b> <del><b>6:00am - FIT</b></del> with Sabrina (full) <b>1:00pm - STRONG</b> with Casey <b>4:30pm - LIFE</b> with Sabrina <del><b>5:30pm - FIT</b></del> with Sabrina (full)	<b>January 9</b> <b>5:30am - LIFE</b> with Jamie <b>8:30am - LIFE</b> with Jamie <b>9:30am - FIT</b> with Heather <b>3:00pm - CORE</b> with Bart	<b>January 10</b> <del><b>6:00am - FIT</b></del> with Sabrina (full) <b>8:15am - STRONG</b> with Taylor

### Session Capacity:

Core/Life/Fit - Limited to 10 | Strong - Limited to 6

### Price/Class:

LIFE/FIT/CORE: \$15/member; \$20/non-member | STRONG: \$20/member; \$25/non-member